

# Parenting Really Can Be More Fun and Less Stressful!

## Learn Simple, Yet Very Effective Parenting Skills That Can Be Used Immediately

Raising kids is more challenging today than it ever has been. That coupled with the fact that our children were not born with owner's manuals can make parenting a daunting and frustrating task. Amy's presentations are engaging, upbeat, insightful and packed with tools your attendees can benefit from right away.



**Amy Egan**

### Attendees will learn...

- How to avoid arguments and power struggles with their kids
- How to increase the odds kids will learn from their mistakes
- Techniques for remaining calm
- How to get more respectful and cooperative children
- The power of empathy
- How to help kids become more responsible and have higher self-esteem
- To allow kids to own and solve their own problems
- How to make these days "the good 'ole days"

### Available Presentations

"Parenting Young Children With Love and Logic"™

"Parenting Children of All Ages the Love and Logic Way"™

"Getting Kids To Communicate"

"Harmony With Teens is Very Possible!"

"Surviving Summer With Kids!"

*Call for details on 30-90 minute options or half/full day options*

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Amy has an incredible passion for teaching others all she has learned about positive parenting. Using her own experience on the parenting path, from beaten down and stressed out, to hopeful, harmonious and happy, she shares the skills that turned her family around in a fun and upbeat manor! She has been a favorite speaker of countless mom's groups, PTA's, churches, foster parent organizations, children's shelters and private groups.

Amy and her husband are parents to two teenagers who provide them many opportunities to practice these skills!

She is a certified life coach and has been trained by the Love and Logic Institute in Colorado as an independent facilitator of their parenting programs.